

#### Ref.: SU/BOS/ IDS / 283

Date: 08 - 05- 2025

## То,

The Principal, All Concerned Affiliated Colleges/Institutions Shivaji University, Kolhapur

Subject : Regarding revised syllabi of B. A. Part II (Sem. III & IV) degree programme under the Faculty of Inter- Disciplinary Studies as per NEP-2020 (2.0).

#### Sir/Madam,

With reference to the subject mentioned above, I am directed to inform you that the university authorities have accepted and granted approval to the revised syllabi, nature of question paper and equivalence of **B. A. Part II (Sem. III & IV)** for follower's degree programme under the Faculty of Inter- Disciplinary Studies as per National Education Policy, 2020 (NEP 2.0).

Music	Social Work	Education	
Home Science	Physical Education		

This syllabus, nature of question and equivalence shall be implemented from the academic year **2025-2026** onwards. A soft copy containing the syllabus is attached herewith and it is also available on university website <u>www.unishivaji.ac.in NEP-2020 (Online Syllabus)</u>

The question papers on the pre-revised syllabi of above-mentioned course will be set for the examinations to be held in October /November 2025 & March/April 2026. These chances are available for repeater students, if any.

You are, therefore, requested to bring this to the notice of all students and teachers concerned.

Thanking you,

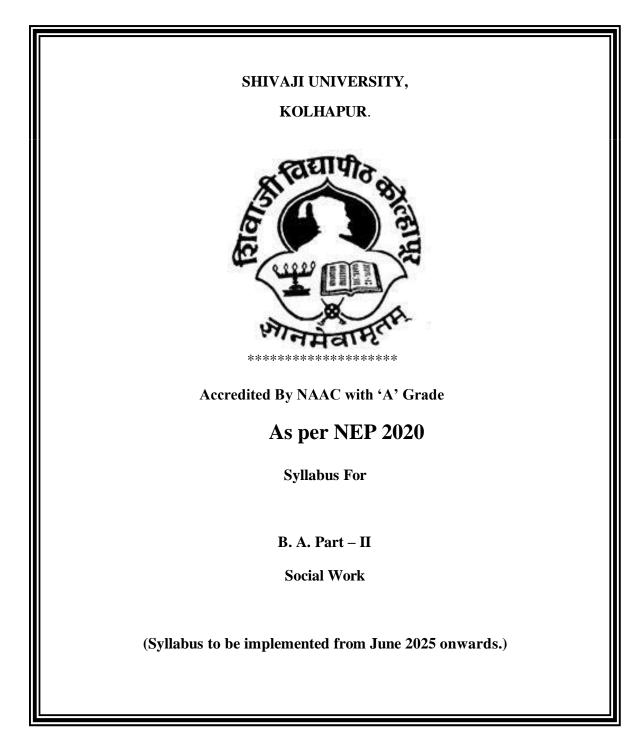
Yours Faithfully M. Kubal) Dy Registrar

#### Encl. : As above.

#### Copy to: For Information and necessary action.

1	The Dean, Faculty of IDS	8	Affiliation T. 1 & T. 2 Section
2	Director, Board of Examination and Evaluation	9	Appointment A & B Section
3	The Chairman, Respective Board of Studies	10	P.G.Seminar Section
4	B.A. Exam Section	11	I.T. Cell
5	Eligibility Section	12	Internal Quality Assurance Cell (IQAC)
6	Computer Centre	13	Centre for Distance Education
7	P.G.Admission Section		

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# **B.A. II (Social Work)**

# Syllabus (From June 2025 Onwards)

Sem	Paper No.	Title of New	Major/	Credit
		Paper	Minor/	
			OE/SEC	
		SEMESTER III		
III	Major-III	Introduction to Methods of Social Work-I	Major-III	04
III	Major-IV	Human Growth and Behaviour	Major-IV	04
Ш	Minor	Man and Society	Minor	04
	OE-3	Para Legal Studies	OE-3	02
Ш	VSC-I	Fields of Social Work (Part I)	VSC-I	02
	SEC-III	Communication skills	SEC-III	02
III	AEC-III	English-III	AEC-III	02
Ш	IKS	Indigenous Social Work Practices in	IKS	02
	Specific	India	Specific	
		SEMESTER IV		
IV	Major-V	Introduction to methods of Social Work- II	Major-V	04
	Major-VI	Human Rights and Social Work	Major-VI	04
IV	Minor	Community Health & Health Care Services	Minor	04
IV	OE-4	Life skills	OE	02
IV	VSC-II	Fields of Social Work (Part II)	VSC	02
IV	SEC-IV	Skills for Social Workers	SEC	02
	AEC	English-IV	AEC	02
	VEC	Environment studies	VEC	02

#### Semester III (Major III) (4 Credit) (100 Marks)

#### Title: - INTRODUCTION TO METHODS OF SOCIAL WORK

- Learning objectives:
- ✤ To make the students aware about the methods social work education
- To understand the importance of professional social work practice. To know how to apply the methods social work.
- To appreciate social work as a profession and to recognize the need and importance of Social Work Education, Training and Practice.

**Learning Outcome:** Students will gain knowledge about various methods of social work; this course will help students to apply the methods in the field.

#### Unit I: Social Case Work

A) Definition, meaning, objectives, purpose and principles of case work

- B) Components of case work: Person Place Problem Process
- C) Case work process: Difference between case work and case study
- D) Scope of Social Case Work

#### **Unit II: Social Group Work**

A) Definition, meaning, objectives, principles of group work

B) Types of groups

C) Group work process: Difference between Group Work and Group Activity

D) Scope of Social Group Work

#### **Unit III: Community Organization**

A) Definition, meaning, characteristics, principles of CO

- B) Types of communities
- C) Difference between CO and CD
- D) Models of CO

#### **Unit IV: Social Action**

A) Definition, meaning, characteristics, Principles of Social Action

B) Difference between Social

C) Role of Social Worker in Social Action

D) One Case study of Social Action

#### **Reference Books**

E) 1. डॉ .□ाज□ा टाःं कसाळे : "□ावसाियक समाजकािय"

F) 2. भारती शहा: "समाजकाियपररिच"

G) 3. डॉ. देवानांद शांदे :"□ावसाियक समाजकािय :यश□ण व □वसाि"

H) 4. Dr. Sanjay Bhattacharya: Integrated Social Work Practice.

I) 5. Wadia A.R.: History and Philosophy of Social work in I

## **SEMESTER III** (Major IV) (4 Credit) (100 Marks) Title: HUMAN GROWTH AND DEVELOPMENT

Learning Objective: Students will understand the concepts related to Human Growth
 Students will gain understanding about lifespan and various challenges during stages of Human Development
 Learning Outcome: To understand psychological concepts and its relevance to Social Work and the basic
 concepts and processes in social psychology and its relevance to Social Work
 To understand determinants and processes of personality development.

Unit 1	Introduction to Human Growth and Development				
	A) Meaning, Principles of Human Growth and Development. B)				
	B) Prenatal Development - Conception, Stages of Prenatal Development, Factors				
	Affecting Prenatal Development.				
	C) Types of Birth – Natural or Spontaneous Birth, Breech Birth, Transverse Birth,				
	D) Instrument Birth and Caesarean Section.				
Unit II	Different Stages of Human Development –Part I				
	A) Infancy and Babyhood: Immunization, Nutrition, Physical Growth, Motor				
	Development, Cognitive Development, Needs, Developmental Tasks and				
	Problems.				
	B) Childhood: Early and Late Childhood - Physical, Emotional, Cognitive, Social				
	and Moral Development. Needs, Developmental Tasks,				
	C) Scholastic Problems,				
	D) School Drop-Out.				
Unit III	Different Stages of Human Development –Part II				
	A) Puberty and Adolescence: Physical Changes, Emotional, Cognitive and Social				
	Aspects of Development.				
	<b>B</b> ) Education and Career Concerns, Relationship Problems,				
	C) Adulthood & Elderly: Adulthood: Early, Middle and Late Adulthood				
	<b>D</b> ) Elderly: Physical and Emotional Changes.				
Unit IV	Middle Age and Old Age				
	A) Middle age- Adjustments in family,				
	B) Widowhood,				
	C) Preparation for old age				
	D) Old age - Physical & Psychological characteristics, Needs & Problems				

References:

1. Dandapani, S. (2005). General Psychology. Hyderabad: Neel Kamal Publications

2. Kuppuswamy, B. (1972). Elements of Social Psychology. New York: Asian Publishing House.

3. Morgan, C.T., King, R.A. Weisz, J.R., Schopler, J. (2001). Introduction to Psychology. New Delhi: Tata

McGraw and Hill.

- 4. Myers, D.G. (2005). Social Psychology (8th ed.). New Delhi: Tata McGraw Hill Pub. Co. Ltd.

Mishra Brij Kumar "Manovigyan "Publisher: Prentice-Hall of India Pvt. Ltd
 Chowdhary, Richa (2010) "Vikasatmak Manovigyan" New Delhi, Naman Prakashan

#### Semester III (Minor-I) (4 Credit) (100 Marks) Title: - Man and Society

**Learning objectives:** 1. To identify the needs and characteristics of human society, and how they contribute to its functioning and evolution.

2. To examine the means, importance, and functions of social control, and how it influences individual and collective behavior.

**Learning Outcome:** This course will help them to develop perspective towards society, this will help further to groom their personality.

#### Topic I: - Individual and Society: -

- A) Meaning, definition and characteristics of human society, Relation between man and society.
- B) Composition of Indian Society: the concept of unity and diversity
- C) Social stratification: Caste and Class
- D) Social Institutions: Marriage, Family, School, Religion, State and Law

#### Topic II: - Social Culture: -

- A) Society as a system of relationship, Social Structure: Status and Role
- B) Meaning, definition and components of culture.
- C) Function, characteristics of culture and Importance of culture.
- D) Socialization: meaning, process and Sources of socialization.

#### Topic III: - Social Change: -

- A) Meaning, definition and characteristics of social change
- B) Factors inducing social change.
- C) Obstacles of social change.
- D) Cultural Lag: meaning

#### Topic IV: - Social Control: -

- A) Meaning, definition and characteristics of Social Control.
- B) Means, Importance and functions of social control.
- C) Need of Social Control
- D) Types of social control

#### **Reference Books: -**

- 1) Crutch Field: Individual and Society.
- 2) K. Devis: Human Society.
- 3) B. Kuppuswamy (1961): An Introduction to Social Psychology, Asia Publishing House, Bombay.

# 4) प्रा. ए. वाय. कोंडेकर

- 5) An Introduction to Sociology, Vidya Bhushan and D.R. Sachdeva, Kitab Mahal, (1999) Thirty Second Edition, Allahabad –1,
- 6) M. Haralambos with R.M. Herald, Sociology Themes and Perspectives (2002) Twenty Fourth Impression, Oxford University Press.
- 7) Kenneth J. Newbeck, Davita Silfen Glasberg, Sociology A Critical Approach (1996) McGraw – Hill Inc.
- 8) K. Kumar, Principles of Sociology (1982), Neelam Sales Corporation, Agra.
- 9) James M. Henslin, Down To Earth Sociology (1995) The Free Press, New York.

- 10) T.B. Bottomore, Sociology (New edition 1971) Blackie & Son (India) Ltd., Bombay.
- 11) William Ogburu & Meyer Nimkoff, A Handbook of Sociology (1979) Second Indian reprint, Eurasia Publishing House Pvt. Ltd., New Delhi 55.
- 12) Dr. Hans Raj, General Sociology (1992), SBD Publishers Distributors, Delhi.
- 13) K.E. Verghese, General Sociology (1992), Macmillan India Ltd., Delhi.
- 14) K. Singh, Problems of Sociology (1997), Prakashan Kendra, Lucknow.
- 15) M. Francis Abraham, Modern Sociological Theory An Introduction, Oxford University Press (1982).
- 16) K. Singh, Religion And Society (1986), Prakash Kendra, Lucknow 7.
- 17) K. Singh, Indian Society and Social Institutions, (1981), Prakash Kendra, Lucknow 7.
- N. Jayapalan, Indian Society and Social Institutions (2001), Atlantic Publishers, New Delhi.
- 19) Ram Ahuja, Indian Social System (1997), Rawat Publications, Jaipur and New Delhi.
- 20) Ram Ahuja, Society in India (2002), Rawat Publications, Jaipur and New Delhi.
- 21) Kingsley Davis, Human Society (1981), Surjeet Publications, Delhi 7.
- 22) C.B. Memoria, Social Problems and Social Disorganisation in India.
- 23) Ram Ahuja, Social Problems in India.
- 24) Rajendra Pandey, Social Problems of Contemporary India.
- 25) Social Problems and Welfare Dr. Vatsyan Kedan Nath Ram Nath & Co. Meerut
- 26) Indian Social Problems Volume 1 G.R. Madam Sixth Edition, Allied Publishers Pvt. Ltd., Mumbai.
- 27) Social Problems and Development Issues of Slum Women edited by Dr. Robin Tribhuvan.

# SEMESTER III OE-3 - (2 CREDIT) (50 MARKS) Title: PARA LEGAL STUDIES

#### Learning objective: 1. to understand the constitutional values

- 2. To study the Indian Legal System
- 3. To apply the theoretical understanding of Indian Legal System in the field

**Learning outcome:** Students will become aware about Indian Legal System; the understanding of Indian Legal System will help students in their day-to-day life

Unit 1 Introduction to the Indian Legal System:					
	A) Rule of Law: Principles and concern,				
	B) Structure and functions of Police Department,				
	C) Supremacy of Law, Rule of Law in India				
	D) Concept of Non-Cognizable Offence (NC), First Information Report				
Unit II	A) Judiciary: Concept and meaning of Judiciary				
	B) Roles, Responsibilities and Functions: National Legal Service				
	Authority, State Legal Service Authority, District Legal Service				
	Authority.				
	C) Roles, Responsibilities and Functions: Concept of Public Interest				
	Litigation,				
	D) Concept of Lok Adalat				

Reference:

- 1) Introduction to the Constitution of India: Brig Kishore Sharma.
- 2) Handbook of Human Rights: Jayant Chaudhary
- 3) Bare Acts of various legislations.
- 4) Social Legislation in India: Gangrade K D
- 5) Social Policy & Social Development in India: Kulkarni P D
- 6) Encyclopedia of Social Work in India

## SEMESTER III (VSC- I) (2CREDITS) (50 MARKS) Title: FIELDS OF SOCIAL WORK- PART I

Learning Objectives: 1. Students will understand various emerging fields of social work

2. Students will get insight about their role in various settings

Learning outcome: Help the students to develop their field of interest.

This course will help the students to develop sensitivity towards emerging social issues

## (Students have to understand and study the Role of Social worker in all the following settings) Unit – I: Emerging Fields of Social Work

- A) Family Planning: Importance and need of Family Planning, Maternal and Child Health Services, Role of Social Worker in the field of Family Planning.
- B) Child Labour- Concept, Causes and extent of the problem, Legal Measures taken to eradicate child labour. National Child Labour Project.
- C) Children with disabilities: Concept and meaning, Issues and concerns related to Children with disabilities
- D) Unorganized labour : Concept and Importance, Working condition, Problems of unorganized sector in India,

# Unit – II: Emerging Fields of Social Work

- A) School Social Work: Adjustment Problems, Scholastic Backwardness, Learning Disability and Dropouts.
- B) Corporate Social responsibility- Concept, Need and Importance, Legal Provision, Efforts by Corporate Sectors.
- C) Environmental Problems: Types, Causes and Remedies, Role of Social Worker in Conservation of Environment.
- D) Disaster Management- Concept, causes & type of disaster, Rehabilitation and Related Problems.

## References:

• Chakraborty Krishna (2002), Family in India, Jaipur, Rawat Publication

• Charles ES and Theresa FD (2000), Ages and Stages: A parent's Guide to Normal Child development, New York, Wiley

- D'Souza PR, Kumar S and Shastri S (2009), Indian Youth in Transforming World, New Delhi, Sage
- Dandekar K (996), The Elderly in India, New Delhi, Sage
- Desai M(ed)(1994), Family and Intervention: A Course Compendium, Mumbai, TISS
- Dhar, Chowdhury, Rajgopal (2004), The Graying of India; Population of Ageing in the Context of Asia, New Delhi, Sage
- Gokhale SD and Lohani NK (1979), Child in India, Bombay Lomria Publication
- Gore MS (1977), Indian Youth Process of Socialization, New Delhi, Vishwa Yuvak Kendra
- Gunjal BS and Gangabhushan MM (2010), Fields of Social Work Practice, Bangalore, Baraha Publishing
- Herbert Martin (1988), Working with Children and their Families, Chicago, Lyceum Books Inc John VV
- (1974), Youth and National Goals, New Delhi, Vishwa Yuvak Kendra
- Kumar P (1988) Child Development in India, New Delhi, Ashis Publishing
- Mathur HM (1995), Family Welfare Programmes in India, Delhi, Vikas
- Ministry of Youth Affairs and Sports (2014), National Youth Policy, New Delhi, GoI
- Nair PS (et.al) (1989), Indian Youth, New Delhi, Mittal
- TISS (1993), Special Issues on Family Development, Indian Journal of Social Work, 54 (1)

## Semester III (SEC-III) (2 Credits) (50 Marks) Title: COMMUNICATION SKILLS

## Learning Objectives:

1. Familiarize the students with the basic concepts of communication in the social work context specifically for effective communication in the Fieldwork.

2. Develop skills to make use of different mediums for effective communication

3. Equip students to apply IT and audio-visual tools for effective communication

Learning Outcome: Students will develop their effective communication skills which will reflect in their seminar presentation, fieldwork report writing and presentation of fieldwork activities during internal and external evaluation.

## **Unit – I Basics of Communication Skills**

- A) Communication: Meaning, Types of Communication, Guidelines for Written Communication, Principles of Writing, Types of Meetings and recording. Writing circulars, notices and agenda of meeting, principles for writing effective minutes, emails, and reports. Electronic Media, Intranet, communicating through email
- B) Writing Letters: Principles of Letter Writing, Types of Letters, Format for Letters, Communication with Media through News Releases, Communication about the Organization through Advertising.
- C) Writing Reports: Types of Reports, Format for Reports, Steps in Report Preparation.
- D) Drafting official written communication: Various application forms, E.G: Leave letter, Letter to agency for conducting programme, Placement letter, ETC. Preparation of Pamphlet, Leaflet, Broucher, Posters, Ply cards, etc

## **UNIT II Interview skill**

- A) Meaning and concept of Interview, Importance and need of conducting interview, skill to develop tool for conducting interview, Guidelines to successful interviews. Participant observation during interview. Podcast; use and importance
- B) Panel discussions- Meaning, concept and need, process of conducting panel discussion
- C) Meaning and concept: Seminars, symposiums, workshop, debates, group discussion, press conference
- D) Style of raising questions to presenter

## Students are expected to prepare individual file about above activities for internal evaluation

**Recommended Readings:** 

- 1. Urmila Rai and S. M Rai, Effective Communication (Himalaya Publishing House)
- 2. Doctor and Doctor, Business Communication (Sheth Publishers Pvt. Ltd.)
- 3. Shirley Taylor, Communication for Business, Pearson Education, New Delhi
- 4. Raymond Lesikar, Marie E Flatley, Basic Business Communication (Tata McGraw –Hill)

5. Essentials of Business Communication by Rajendra Pal & J.S. Korlahalli, Sultan Chand & Sons, 8th Edition

- 6. Business Communication by Meenakshi Raman & Prakash Singh, Oxford, 2006
- 7. The Essence of Effective Communications by Ludlow, R. & Panton, F. Prentice Hall of India Pvt. Ltd.
- 8. Communication by C. S. Rayadu, HPH, 8th Revised Edition, 2007

9. Business Correspondence & Report Writing by R. C. Sharma & Krishna Mohan, Tata McGraw Hill, 4th Edition, 2011

10. Developing Communication Skills by Macmillan, 2nd Edition

# Sem III, AEC III (2 credit) (50 Marks)

# English

As per Shivaji university curriculum

		SEMESTER IV		
Sem	Paper No.	Title of Paper	Major/ Minor/ OE/ SEC	Credit
	Major-V	Introduction to Methods of Social Work-II	Major-V	04
	Major-VI	Human Rights and Social Work	Major-VI	04
IV	Minor	Community Health & Health Care Services	Minor	04
IV	OE-4	Life skills	OE	02
IV	VSC-II	Fields of Social Work (Part II)	VSC	02
IV	SEC-IV	Skills for Social Workers	SEC	02
	AEC	English-IV	AEC	02
	VEC	Environment studies	VEC	02

## Semester IV (Major) (2 Credit) (50 marks)

## Title: - INTRODUCTION TO METHODS OF SOCIAL WORK -II

## Semester IV (Major V) (4 Credit) (100 Marks)

#### Learning objectives:

- $\checkmark$  To make the students aware about the methods social work education
- To understand the importance of professional social work practice. To know how to apply the methods social work.
- To appreciate social work as a profession and to recognize the need and importance of Social Work Education, Training and Practice.

## **Learning Outcome:**

## **Unit I: Social Research**

- A) Definition, Nature and purpose of social research
- **B**) Steps in Social Research
- C) Problem of Objectivity and Subjectivity in Social Research
- **D**) Difference between Social Research and Social Work Research

## Unit II: Social Welfare Administration

- A) Meaning and concept of Welfare, Administration, Social welfare administration,
- B) Functions, Scope and Principles of Social welfare administration,
- C) History, Composition, Objectives and activities of Central Social Welfare Board,
- D) History, Composition, Objectives and activities of State Social welfare advisory Board.

## Unit III: Administrative Processes and Administrative Skills

- A) Definition of Social Welfare Organizations/ Non-Profit Organization/Non-Govt. Organization),
- **B**) Features of Non-Profit Organizations Non-Government, Non-Profit making and Self-governing, Types of Nonprofit Organizations,
- C) Organizational structure and characteristics of Nonprofit Organizations- General body, Managing/Executive committee: Responsibilities and functions of an Executive and office bearers. Functions and qualification of board members. Types of committees.
- D) Administrative Processes: Planning, Organizing, Staffing, Directing, Coordinating, Reporting and Budgeting. Administrative skills – Writing reports, letters and minutes of meetings – Project formulation, implementation, monitoring and evaluation

#### **Unit IV: Social Movement**

- A) Defining and Differentiating Social Movements and Revolutions
- B) Concepts of Social Movements: Defining Features and Typology
- C) Concepts of Revolutions: Defining Features and Typology
- D) Social Movements in Indian Context

#### **Reference Books**

E) 1. डॉ .□ाज□ा टाःं कसाळे : "□ावसाियक समाजकािय"

F) 2. भारती शहाः ''समाजकाियपररिच''

G) 3. डॉ. देवानांद शांदे :"□ावसाियक समाजकािय :यश□ण व □वसाि"

H) 4. Dr. Sanjay Bhattacharya: Integrated Social Work Practice.

I) 5. Wadia A.R.: History and Philosophy of Social work in I

Ahuja, Ram (2001): Research Methods, New Delhi: Rawat Publication.

Goode, W.J. and P. K. Hatt (1952): Methods in Social Research, New York: McGraw International.

Seltiz, Claise et al; (1959): Research Methods in Social Relation, New York: Henry Holt and Co.

Srivastava, Prakash G.N. (1994): Advances Research Methodology, Delhi: Radha Publication.

Thakur, Devender (2003): Research Methodology in Social Science, Delhi: Deep and Deep Publication.

Young, P.V. (1988): Scientific Social Survey and Research, New Delhi Prentice Hall

## Semester IV (Major VI) (4 Credit) (100 Marks)

#### Title: - Human Rights and Social Work.

Learning objectives: 1. To provide an overview on Human Rights concepts and debates2. To introduce the learner to the magnitude and extent of Rights enjoyed by various groups in India

Learning Outcome: Students are expected to understand and apply the knowledge of Human Rights to protect their rights and public in general

#### **Topic I: - Introduction to Human Rights: -**

- A) Meaning, definition and characteristics of Human Rights.
- B) Human Right Values- Dignity, Liberty, Equality, Justice,

Unity in Diversity, Ethics and Morals

- C) Meaning, objectives and significance of Human Rights Education
- D) Universal Declaration of Human Rights and various international conventions on Human Rights: There are 9 core international human rights conventions

#### **Topic II: - History of Human Rights**

- A) Classification of Rights: Moral and Legal Rights, Positive & Negative
- B) Three Generations of Human Rights (Civil and Political Rights; Economic, Social and Cultural Rights; Collective/Solidarity Rights).
- C) History of human rights in the World
- D) History of human rights in India.

#### Topic III: - Human Rights: Contemporary Issues: -

- A) Status of SC/ST and Other Indigenous People in the Indian Scenario
- B) The Minorities and Human Rights, Sex Workers and Migrant Laborers
- C) Rights of Children, Women and Dalits, Rights of Persons with Disability.
- D) Role of Advocacy Groups, Role of Corporate Social Responsibility, NGO's

#### Topic IV: - Human Rights protection mechanism in India: -

- A) Human Rights in the Constitution of India, Fundamental rights and duties
- B) Structure and Function of: National Human Rights commission, National Commission for women, children, National Commission for Scheduled Caste and Scheduled Tribes
- C) Right to Information Act, Public Interest Litigation Procedure for petitioning an RTI, Consumer protection rights
- D) Role of Social Workers: Preventive and Promotional aspects

## **Reference Books: -**

# 1) मानवी हक्क: प्रा. चंद्रकांत रघुनाथ खंडागळे

- 2) मानवी हक्क व जबाबदाऱ्या : अमीर शेख
- 3) भारतीय शासन आणि राजकारण: बी. बी. पाटील
- 4) Introduction to the Constitution of India Brig kishore Sharma.
- 5) Handbook of Human Rights Jayant ChaudharyFamily Law I A Saiyed.
- 6) Bare Acts of various legislations.
- 7) Social Legislation in India: Gangrade K D

- 8) Social Policy & Social Development in India: Kulkarni P D
- 9) Kohli, A.S. (Ed). 2004 Human Rights and Social Work: Issues, Challenges and response. Kanishka Publishers, New Delhi.(Unit I & V)
- 10) Naseema, C. 2002 Human Rights Education: Conceptual and Pedagogical aspects.Kanishka Publishing House, New Delhi. (Unit II & III)
- 11) Centre for Development of Human Rights2004 The Right to Development: A primer,Centre for Development of Human Rights. Sage Publications, New Delhi.
- 12) Reichert, E 2003 Social Work and Human Rights: A Foundation for Policy and Practice. Columbia University Press, New York (Unit I)
- 13) Nirmal, C.J. 1999 Human Rights in India-Historical, social and political perspectives, Oxfored University Press. (Unit II)
- 14) Parker, J 2004 Effective Practice Learning in Social Work. Learning Matters Ltd,Southernhay East U.K (UnitV)
- 15) Conrnoyer, B 1996 The Social Work Skills Workbook. Brooks/Cole PublishingCompany, Califonia (Unit V)
- 16) Raju, C.B 2006 Social Justice & The Constitution of India, Serials Publications, NewDelhi
- 17) Chandra, A. 2000 Human Rights Activism and Role of NGOs. Rajat Publications, Delhi(Unit V)
- 18) Mohapatra, A.R 2001 Public Interest Litigation and Human Rights in India. RadhaPublication, New Delhi (Unit III)
- 19) Rehman, K 2002 Human Rights and the Deprived. Commonwealth Publishers, NewDelhi
- 20) Janusz, S & Volodin, V. (ed)2001 A Guide to Human Rights: Institutions, Standards, Procedures. UNESCO Publishing, Paris

## SEMESTER IV (MINOR) (4 Credits) (100 Marks) Title: COMMUNITY HEALTH & HEALTH CARE SERVICES

Learning objectives: To understand the concept of health & its various perspectives

To familiarize with various health problems & its impact on communities

To develop skills for planning and implementing community health programmes

To study role of social workers in community health and Health care services

**Learning outcome:** Students will develop insights about health, nutritious and balanced diet and will use this knowledge in their day today life. Information regarding disease will help them to use preventive measures to maintain good health condition. Students will apply the knowledge about health policies and program in their fieldwork.

## Unit I: Concept of Health

- A) Concept of Health- Definitions, Dimensions of health, determinants of health. Holistic Health. Personal& environmental hygiene. Sanitation
- B) Community health- definition & scope, Medical Model & Social Model,
- C) National Health Policy,
  - ${\bf D})\,$  Role of Social Worker in the field of Health

# **Unit II- Nutrition and Diet**

- A) Nutrition & Balanced Diet- Constituents of food, Nutritional Deficiency Diseases.
- B) Diet for pregnant women & lactating mothers,
- C) Diet for infants & children
- D) Food adulteration, Food Adulteration Act

# Unit III- Diseases and Health Care:

A) Concept of disease- epidemiology of disease, major health problems and immunization

B) Communicable diseases, non-communicable diseases and life style diseases

C) Health Care Services- Preventive, Promotive, Curative & Rehabilitative aspects. Components of Primary health care.

D) Health care services in India. Health education & communication Community based rehabilitation

# Unit IV- Public Health:

- A) Public Health Administration.
- B) Public Health programmes in India Polio eradication programmes T.B control programme AIDS control programmes.
- C) Problems of public health in India
- D) Role of social worker in community health care services

Reference:

Textbook of Social and Preventive Medicine Park and Park. Principles of Community Medicine B Sridhar Rao A handbook of Preventive and Social Medicine Yash pal Bedi Health & Family Welfare Programmes in Developing Countries: Venkatesh Srinivasan Health & Illness: Michael Senior & Bruce Viveash Nutrition & Child Development: K E Elizabeth

## Semester-IV OE-4 (2 Credits) (50 Marks)

## Title: LIFE SKILL

## Learning Objectives:

- 1. To make students understand that the holistic development of an individual is attained through pursuit of excellence, moral uprightness, love of fellow beings, social responsibility.
- 2. To nurture an open attitude towards values, mutual respect, personal maturity, integrity, team work and social concern.
- 3. To build a sense of character formation through value consciousness and moral integrity, spiritual development, self-knowledge, self-esteem and self-confidence, Courage and conviction.

Learning Outcome: Students will gain knowledge about life skills and its importance

## Unit I: Core Concepts:

- A) Concept of Life Skills Training: Objectives, Principles, and Components.
- B) Relevance of Life Skills Training for Social Workers. Genesis of the concept of life skills,
- C) Pillars of education and life skills,
- D) Life Skills education in the Indian context.

## Unit II: Core Life Skills;

- A) Core life skills: problem solving, critical thinking, effective communication skills, decision-making,
- B) Creative thinking, interpersonal relationship skills, self- awareness building skills, empathy,
- C) Coping with stress and coping with emotions.
- D) Understanding the concept and application of core skills in social work practice.

Reference books:

- > Barun Mitra, Personality Development and Soft Skills, Oxford University Press.
- Larry James, The First Book of Life Skills, Embassy Books.
- > John C. Maxwell, The 5 levels of leadership, Hachhete Book Group Inc.
- Shalini Verma, Development of Life Skills, Sultan Chand and Company.

## Semester IV (VSC II) (2 CREDIT) (50 MARKS)

# Title: FIELDS OF SOCIAL WORK—II

Learning objectives: Create awareness about enlarging scope of Social Work profession

Familiarize with problems in various fields of Social Work

Acquire skills for working in different areas of Social Work

**Learning outcome**: Students are expected to develop their interest in any field of social work and will choose it as a field of career in later stage

# **Unit – I: EMERGING FIELDS OF SOCIAL WORK**

- A) Geriatric Problems: Problems of older persons, National Policy and programs for the Aged. Role of Social Worker.
- B) Criminology and correctional administration: Meaning and concept of criminology, correctional institutions in India, role of social worker in correctional institutions.
- C) Medical and psychiatric social work: Scope, trends and growth of Medical and Psychiatric Social Work
- D) Non-Profit Automation ERPs: Meaning, concept and importance in social work, Meaning, concept and use of AI in social work

# **Unit II: EMERGING FIELDS OF SOCIAL WORK**

- A) Gender: Gender issues and social work- Concept, causes of Discrimination against women, Violence against Women, Provisions of the Domestic Violence Act- 2005. Women Empowerment- Concept, need, Different Dimensions of Empowerment.
- B) LGBTQ: Nature of LGBTQ, Issues of LGBTQ, Concept, need and different Dimensions of Empowerment.
- C) Youth unrest- Nature and Causes of Youth Unrest, Programs for the welfare of youths.

D) Consumer Rights- Consumer Rights Act. Machinery for the Settlement of Consumer Disputes

## **References:**

1. Balan K., (1985), Youth Power in the Modern World, Ajanta Publications, New Delhi

2. Jones Gill, (2009), Youth, Polity Press, UK

3. Kehily Jane Mary (Etd.) (2007), Understanding Youth: Perspectives, Identities and Practices, Sage Publication, London

4. Landis H. Paul, (2011), Adolescence and Youth: The Process of Maturing, Sarup Book Publishers Pvt. Ltd., New Delhi.

5.Rajendran Vasanthi & Paul David (2006), Youth and Globalisation, Proceedings of the Workshop on Youth and Globalisation, Rajiv Gandhi National Institute of Youth Development, Sriperumbudur and Tata Institute of Social Sciences, Mumbai

6. Verma.M.L. (2010) Youth and Revolutionary Upsurge, Sarup Book Publishers Pvt. Ltd., New Delhi.

7. Wood Jason and Hine Jean (2009), Theory and Policy for Practice, Sage Publications New Delhi

#### **Title: Skills for Social Workers**

## Semester IV (SEC IV) (2 CREDIT) (50 MARKS)

Learning Objectives: 1. To help students to learn about EQ and IQ

2. Students will understand the difference between EQ and IQ

3. Students will be able to learn about stress and its management

**Learning Outcome**: Students are expected to improve their EQ. Students will be able to manage their level of stress more effectively

#### **Unit I: Emotional intelligence:**

- A) Emotional Intelligence- Importance, EQ & IQ- Assessment.
- B) Components of EQ. Positive mental attitude.
- C) Factors influencing positive mental attitude.
- D) Measures to develop positive mental attitude.

#### Unit II: Stress Management Techniques:

- A) Meaning, Concept and Importance of Stress Management
- B) Causes and consequences of Stress
- C) Coping mechanisms of Stress
- D) Role of Social Work in Stress management

#### References:

- a. Daniel Goleman: Emotional Intelligence
- b. Emotional Intelligence 2.0 Travis Bradberry and Jean Greaves
- c. Time management and personality development John Adair.
- d. Principle centered leadership
- e. Personality and development
- f. Secrets of Mind Power:
- g. Understanding emotional intelligence, IQ:
- h. Count your chickens before they hatch:
- i. Use your memory,
- j. Emotional intelligence
- k. Working with emotional intelligence

Stephen R covey
Vijay Pratap Singh.
Harry Lorayne
Dr. Jyotsana Codaty
Arindam Chaudhuri.
Tony Buzan.
Daniel Goleman.
Daniel Goleman

Semester IV (AEC IV) (2 Credits) (50 Marks)

Title: English

As per Shivaji University

Semester IV VEC (2 Credits) (50 Marks)

**Title: Environment Studies** 

As per Shivaji University